



Cambridge City Council

CAMBRIDGE LOCAL HEALTH PARTNERSHIP

Date: Thursday, 11 February 2016
Time: 2.30 pm
Venue: Committee Room 1 - Guildhall
Contact: Graham Saint **Direct Dial:** 01223 457044

AGENDA

1 Apologies

2 Public Questions

This is an opportunity for members of the public to ask a question or make a statement to the Partnership. Please refer to the Public Participation section at the end of this agenda.

3 Minutes and Matters Arising
(Pages 7 - 12)

To approve the minutes of the meeting held on 12 November 2015.

4 Update on progress with Priority 3 of the Health and Wellbeing Strategy
(Pages 13 - 30)

Val Thomas, Consultant in Public Health, Cambridgeshire County Council, will give a presentation on priority 3 'Encouraging Health Lifestyles and Behaviours in all Actions and Activities While Respecting People's Personal Choices' of the Cambridgeshire Health and Wellbeing Strategy 2015 to 2018.

A paper presented to Cambridgeshire's Health and Wellbeing Board on 14 January 2016 shows the extent of local partnership work and some indicators to help assess local priorities. Members are asked to look at any gaps in service provision that may be addressed.

As a guide this item has been allocated 20 minutes, including discussion time.

5 ChangePoint Lifestyle Service

Lisa Smith, Contract Manager, Everyone Health, will give a short presentation on the services that Everyone Health has recently been commissioned to deliver. These include the National Child Measurement Programme, the Health Trainer Service, targeted NHS Health Check Programme, a Behavioural Change Training Programme and Integrated Weight Management Services for children, families and adults in Cambridgeshire.

Lorraine Bald, Locality Manager for South Cambridgeshire and Cambridge City, Everyone Health, will also be present to advise the Partnership on what is happening more locally, in the City.

As a guide this item has been allocated 20 minutes, including discussion time.

6 Local Work Promoting Physical Activity and Health Eating

Cambridge City Council influences the health of local people through its key functions and wider role in support communities. The Council provides leisure services and access to high quality green spaces as well as community development services. The following items (6a - 6c) highlight the Council's contributions in promoting physical activity and good diet within its communities.

As Guide this item has been allocated 40 minutes, including discussion time.

6a Health Eating

Sally Roden, Neighbourhood Community Development Manager, Cambridge City Council, will outline work with local communities to support health eating.

6b Physical Activity

Carrie Holbrook, Senior Sports Development Officer, Cambridge City Council, will outline work with local communities to promote physical activity.

6c Role of Local Clubs in to Promote Physical Activity

Daryl Emes, Partnership Manager for GLL, will outline local work to promote lifestyles fitness and the role of local clubs in promoting physical activity.

7 Ongoing Work

7a East Barnwell Medical Practice (Pages 31 - 36)

To receive an update on the Cambridge CAB Outreach Project at East Barnwell Health Centre.

As a guide this item has been allocated 10 minutes, including discussion time.

8 Date of Next Meeting

The Date of the Next Meeting is 10 March 2016, 11.00am

Venue: Committee Room 1, The Guildhall, Market Square, Cambridge, CB2 3QJ.

The suggested theme for this meeting is New Communities and Priority 5 Update, which will be discussed at the Health and Well Being Board on 17 March 2016.

Priority 5: Create a sustainable environment in which communities can flourish

- Develop and maintain effective, accessible and affordable transport links and networks, within and between communities, which ensure access to services and amenities and reduce road traffic accidents.
- Ensure that housing, land use planning and development strategies for new and existing communities consider the health and wellbeing impacts for residents in the short and long term.
- Encourage the use of green, open spaces including public rights of way, and activities such as walking and cycling.
- Seek the views of local people and build on the strengths of local communities, including the local voluntary sector, to enhance social cohesion, and promote social inclusion of marginalised groups and individuals.

Information for the Public

Location The meeting is in the Guildhall on the Market Square (CB2 3QJ).

Between 9 a.m. and 5 p.m. the building is accessible via Peas Hill, Guildhall Street and the Market Square entrances.

After 5 p.m. access is via the Peas Hill entrance.

All the meeting rooms (Committee Room 1, Committee 2 and the Council Chamber) are on the first floor, and are accessible via lifts or stairs.

Public Participation Some meetings may have parts that will be closed to the public, but the reasons for excluding the press and public will be given.

Most meetings have an opportunity for members of the public to ask questions or make statements.

To ask a question or make a statement please notify the Committee Manager (details listed on the front of the agenda) prior to the deadline.

- For questions and/or statements regarding items on the published agenda, the deadline is the start of the meeting.
- For questions and/or statements regarding items NOT on the published agenda, the deadline is 10 a.m. the day before the meeting.

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Facilities for disabled people

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Accessible toilets are available on the ground and first floor.

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